Implementing Tier 1 PB4L with Fidelity at Wanganui High School. Getting Tier 1 right before the move to Tier 2.



Jenny Langrish
Assistant Principal



Overview

Introductions – school and USA based research
WHS school info / Fulbright-Cognition Scholarship

Structure around the 'Essential Components' of PB4L

- 1. Common philosophy & purpose selecting the positive behaviours / video intro
- 2. Leadership challenges & successes
- 3. Clarifying expected behaviour universal approach
- 4. Teaching expected behaviour variety of methods
- 5. Encouraging expected behaviour reward scheme in action
- 6. Discouraging inappropriate behaviour discipline structure in place and merging of RP
- 7. Ongoing monitoring use of data (kamar and the big 5)

How to implement with fidelity. Summary of lessons learnt at tier 1 and looking ahead to tier 2

1. Wanganui High School – common philosophy & purpose

*1,600 students – biggest high school in town of 40,000. 24% Maori (30% in junior school)

*Decile 5, co-educational school

*NCEA results for 2012 (L1 86.1%, L2 89.7%, L3 82.0%)
Decile 5 national average (L1 75.7%, L2 82.2%, L3 73.8%)

*Discipline structure based on deaning system across year groups, historic use of demerit points.

*Recent move to Restorative Practices

*Change of leadership since we began PB4L

*In third year of PB4L, considering the move to tier 2





"The man who moves a mountain begins by carrying away small stones."



CONFUCIUS



Use of Videos

Student made video to initially promote the expectations of LIFE Shown at assemblies & backed up in classrooms and via form time Available on You Tube http://www.youtube.com/watch?v=3i2S5MqbKcE

Awarded most creative at APBS Conference in San Diego

See this extensive website for many more ideas http://vimeo.com/groups/pbisvideos/



My Research

WHAT

School
Observations

Conference attendance

DocumentAnalysis

PBS Training Observations

HOW

Fulbright –
Cognition
Scholar Award
in Education
Research

MOE Sabbatical **WHERE**

San Diego
Oklahoma
Kansas
MISSOURI
Illinois
Delaware

Lessons to be learnt: A study of American school-wide positive behaviour support initiatives

Key Research Outcomes

See www.educationalleaders.govt.nz search - Sabbatical Langrish Research Focus

- 1. Strategies to move from the punitive
- 2. Analysing discipline referral to change behaviour management plans
- 3. Sustaining PBS / PB4L
- 4. Successful schemes to teach expected behaviours
- 5. Engaging students, teachers & admin in PBS / PB4L
- 6. Working with communities beyond the school gates
- 7. Student reward programmes

Fidelity

Details 'how faithfully the program was implemented based on its original design and the resources that were directed to it' (Algozzine et al 2010)

Therefore, meeting the requirements of the essential components are key. Adapting the original PBS concept to fit New Zealand and our school specifically, but retaining the essential components.

CARDINALS SRIP

S.O.A.R. in the Classroom

be Safe

be Outstanding

be Accountable

be Respectful



Flight To Success

Fly... With Respect!

Fly... With Purpose!

Fly... With Responsibility!









2. Leadership

Overall leadership (challenges of staff change)

Selecting and leading an effective PB4L team – successes and challenges

Example of our team:

Leader (AP), Coach (Technology teacher) & 6 other staff (including teachers, HOF, BOT rep, school counsellor, RTLB)
Responsibilities include data, agenda minute taker, shared roles of presenting to staff.

An interesting result from the McIntosh, Mercer, Hume, Frank, Turri & Mathews (2013) research is that 'the most directly influential role in sustainability is not the administrator, but the school team, thus indicating that schools with less supportive administrators can sustain SW-PBS as long as the team continues to function properly.'

Staff 'Buy in'

Do they agree with the PB4L philosophy? (80% to take on the framework)

Are they involved?

Or

Are they committed?



COMMITMENT

The chicken is involved. The pig is committed.

3. Clarifying expected behaviour with students

Assemblies & videos to promote LIFE & breakdown

Form class competitions and prefect / peer mentor help

Effective signage– LIFE posters &choice of otherposters





Roma Pea Yr9 Whanau Class 2012 Olivia O'Neil
Roma Pea Yr9 Whanau Class 2012 Tore Buller

Thei Mauri Ora Breath of

Jackie Hyland-Shies Heather Matoc

Wirenu Kalib Houltham

Kahukuru

Keratia Browne

Clarifying expected behaviour with staff

Agreeing on a behaviour matrix via whole staff meeting

Dept meetings – see Technology Dept example of majors & minors Agreeing on classroom and non-classroom expectations

Behaviour Matrix – USA example



SCHOOL-WIDE

BERESPECTFUL

Use appropriate tone, volume, and words when speaking.

follow directions from staff. Honor personal space and property of others.

BE RESPONSIBLE

Have Good Attendance Bring appropriate materials to school Follow Dress Code

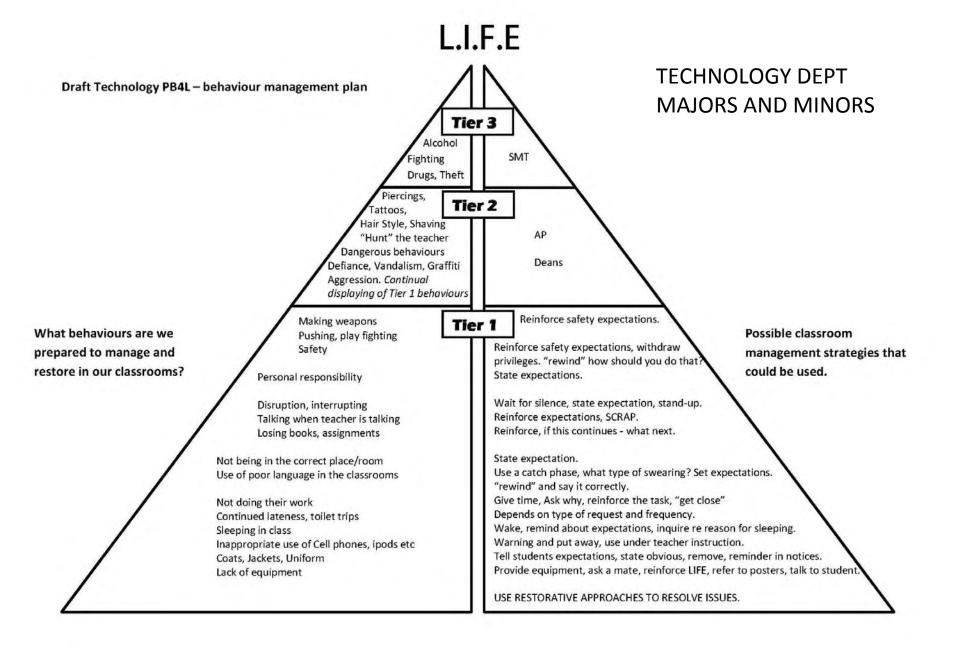
BE

Report problems or dangerous situations to adults

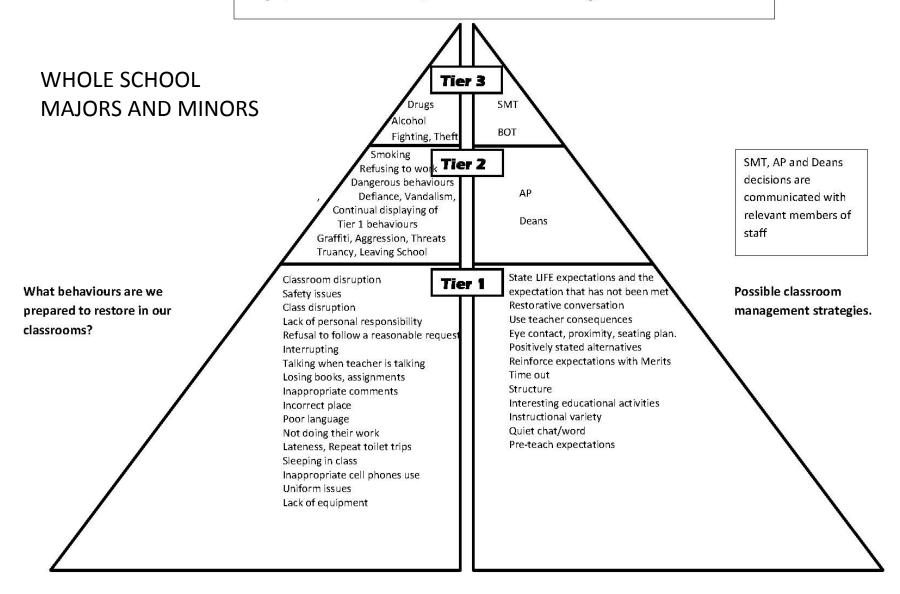
Follow
appropriate
emergency
drill
procedures

Wanganui High School LIFE Matrix

	Routines/Settings				
	Expectations	Key Points	All Settings	Classroom	Out of
					Classrooms
200	Learning	Be Prepared	Be prepared to listen and to be listened to.	Bring required equipment and	Do the right thing and listen to instructions.
L	Learning	Participate	Follow instructions and take an interest in	complete homework on time. Be organised	Recognise that learning happens in all life
			what is being taught.	and engaged. Get involved.	settings.
•	Integrity	Be Responsible	Be honest and trust worthy. Be	Demonstrate appropriate behaviour.	Appropriate language at all times. Do the right
ş .		Show Respect	accountable for your actions. Do the right	Be responsible for your own learning.	thing and respect the environment. Tell the
			thing and show respect in your	Take responsibility for all homework tasks	truth and wear the school uniform with
			actions and words.	and complete them.	pride.
	Fellowship	Be Co-operative	Celebrate diversity. Respect all life.	Be a team player and support the learning of	Be safe and help make it safe for everyone.
		Encourage	Be fair and inclusive. Support each other	others. Learn to relate and	Help each other out and be friendly and caring to
		Others	and encourage team work.	develop positive relationships.	all people.
	Excellence	Do Your Best	Take pride in achievement. Do a	Attempt all tasks to the highest possible	Be a part of the school community and get
L		Celebrate	good job. Have high expectations and	level. Make the most of your time and seek	involved with extra
		Success	persevere. Be	assistance if required.	Share in the success of
			determined and work hard.	Celebrate your own efforts.	the school and be supported by it.



Major/Minor-Classroom/Administration Managed Behavioural Matrix



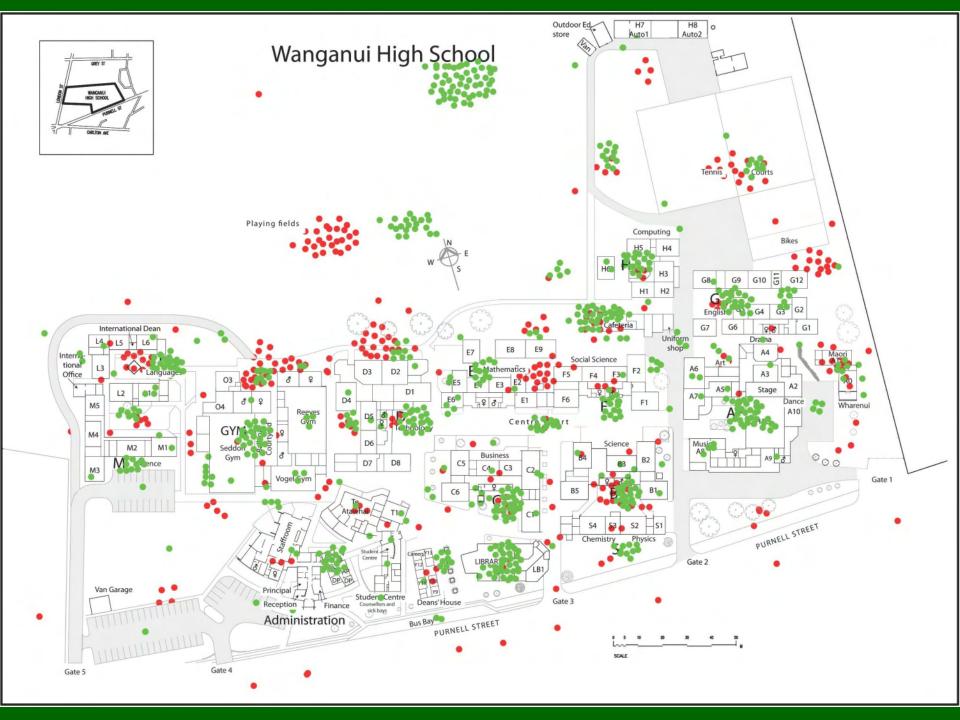
Non-classroom settings – e.g.

- Staff meeting discussion of areas of concern around the school during duty
- Large maps posted on walls and staff (in groups)
 put sticky notes of problems in certain locations
- Next step different colour sticky notes for potential solutions
- Outcomes collated all maps and summarised issues. Changes made to duty (e.g. use of prefects).



Year 9 Safety Survey

- Via form class year 9 students surveyed (one map for 2 students)
- Indicated areas they felt safe and / or unsafe
- Key for map: Red unsafe & Green safe
- The circles at the top of the map indicate students that felt safe 'everywhere'



4. Teaching expected behaviour

When: WHS form times extended and staff teach the behaviours. (USA examples of advisory period / pack time). Pros and cons.

Online resources and lesson plans available. This is all about tier 1 and teaching to the all (not yet a focus on the 'some' at tier 2, or the 'few' at tier 3).

Ways forward – include sports teams, relievers, start of year material, in homework diary
Video use and breaking down LIFE
Start of year used teacher only day and team all presented on an aspect of 'LIFE'

USA example – Lesson Idea # 1

Focus: Use of appropriate language

Choose three areas in your room to represent the following:

- *Always appropriate
- *Sometimes appropriate
- *Never appropriate



Show the class some words (example words: Stupid, smart, freak, whore). One of the letters in each word has an asterix as a replacement letter – you choose. Show a word to the students, they go to the appropriate area of the room.

Discuss.

WHS examples – How can we teach these expected behaviours?

Integrity - The assembly role play (prefects)
Learning (being prepared) video



5. Encouraging expected behaviour

Merit Scheme at WHS

- *Roll out to year groups (currently at year 12)
- *Weekly draws at each assembly level
- *Prizes from top up vouchers to chocolate to movie tickets
- *Form class competitions each term pizza for top form classes
- *Individual acknowledgement of top 3 students (term and year)
- *Junior cups awarded at end of year prizegivings for form classes
- *Merit handed direct to student (then placed in student centre)
- *Funded from the \$10,000 per annum
- *Recorded on excel by office staff (was the dean)
- *Can be used for focus on certain areas (e.g. uniform push at form time)

From this...



MERIT AWARD

Date
ward. Take this slip to the student centre.
■ Being prepared■ Excellent participation
□ Being responsible□ Showing respect
□ Being co-operative□ Encouraging others
□ Doing your best in class□ An exceptional piece of work
Code

To this

34.

Merit Summary 2013

Year	Term 1 Merits	Term 2 Merits	Total
9	4766	7017	11783
10	2898	1211	4109
11	858	296	1154
12	218	n/a	218
13	n/a	n/a	n/a
Total	8740	8524	17264



I wish to commend		
for	WANGANUI HIGH SCHOOL	
		i High School ganui-high school.nz
Teacher:	Wanganu	ganui-high.school.nz
Date:	www.we	
	NEON A PROPERTY OF THE PARTY OF	
i dan		
		886
'		OWSHIP . EXCELLENCE
		TEGRITY FELLOW
	LEARNING : 1.	TEGRITY · FELLOWSHIP · EXCELLENCE

Merit scheme – challenges and potential improvements

- Victim of our own success data entry now very time consuming. Have fine tuned entry, moved staff responsibility, possibly look at kamar in the future?
- Danger of becoming reliant on funding provided to run the scheme. Need to seek community donations and be creative with free rewards – see websites and work of Laura Riffel http://www.behaviordoctor.org/
- Some students don't like to be acknowledged publically
- Not all students give in their awards (not recorded but does this matter?)
- Staff use of scheme can vary greatly (from number of merits distributed to the reasons for giving them)
- Older students can see the rewards being for 'younger kids' need to promote the fact that such schemes run in the business world too and get creative with relevant prizes (e.g. ball tickets?)
- Changed original slip so it was reflective of our expectations of LIFE

Encouraging expected behaviour – Don't forget the staff!

- Rewards for staff for use of the merit scheme (varies between USA and NZ)
- Thanking staff for involvement (verbal or written)
- Using a variety of staff to spread the message for positive 'buy in'
- Staff morning tea

(Weatherford Middle Schools Top Banana & going the extra mile trophies.)



Reserved parking space (Winfield School)





6. Discouraging inappropriate behaviour

Classroom management

Discipline slips / demerits

Dean referral

Senior dean referral

Senior management

Principal / BOT

WHS example of Fellowship

How to discouraging inappropriate behaviour, e.g. 'fighting'

Senior student led - Whanau class actors



Discipline staff structure

Principal / BOT SMT 5 (Associate Principal, 2 DPs) 2 APs)

Seniors Deans (2) (1 yr 9-10 & 1 yr 11-13)

Deans (5) (1 for each year level). Assistants (2) Classroom teachers (120)

ABC (Anti-bullying campaign)

Discouraging bullying - sample video



Work smarter, not harder!

Will the student adapt to the intervention?

Not likely!

So stop doing what doesn't work!





7. Ongoing monitoring

Data driven framework – using kamar to get the 'big 5'



- 1. WHO (Students involved)
- 2. WHAT (Type of behaviour)
- 3. WHEN (Time of incident)
- 4. WHERE (Location)
- 5. WHY (Possible motivation)



Wanganui High School Discipline Entry Form

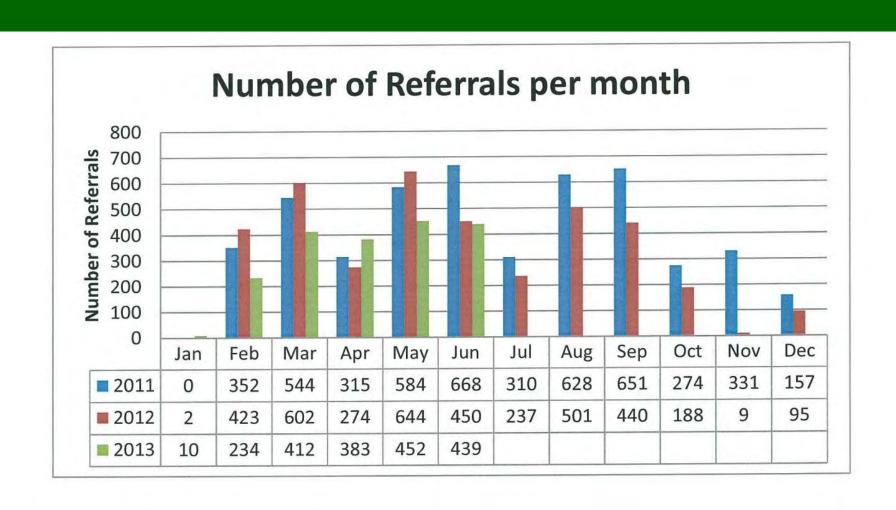
Learning Integrity Fellowship Excellence

Student Nar	ne:		Form Class:	· r
Code of Sta	ff member involved:		Date(s) of Incident:	
Description	of Incident			
For recording	ng purposes, tick the bo	x that mainly applies		
0	Comment only		Out of school grounds	
	Disobedience		Personal Presentation / uniform	
	Behaviour / off task Playground issues		Failure to bring equipment/gear/homework Failure to do a teacher's detention	
	Verbal Abuse		Theft	
	Bullying/Harassment		□ Vandalism / Graffiti	
	Physical assault		Smoking related issues	
	Health & Safety		Drug alcohol issues	
Spoken with s Spoken to the	ken by the teacher so to student regarding incident e student's parents regard ion taken	Yes	s	
	ion requested from		DEAN a AP/DP a	
	HOF / AP / DP / use on			
Demerit Point	. [Coop by Deep .	
CHICH FOILE			Seen by Dean	

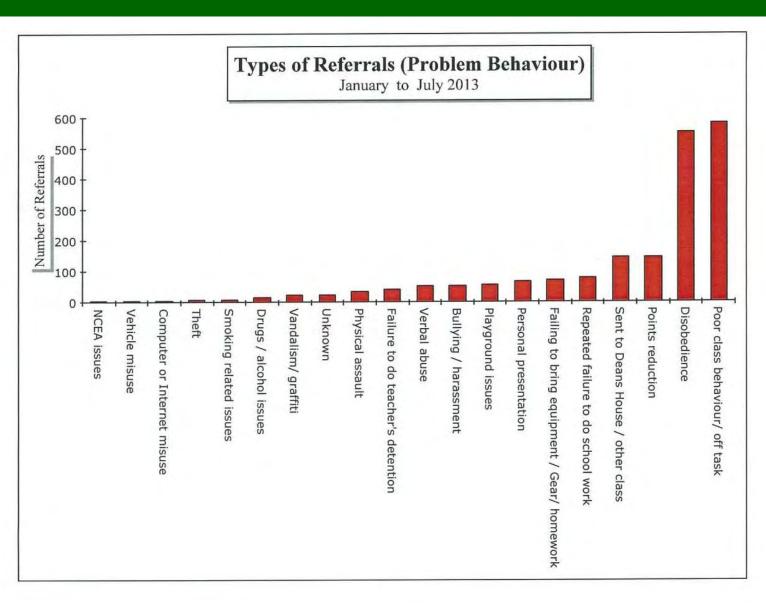
OLD Sample discipline slip

NEW
Changes needed
to reflect the big 5
(Location, Time &
Motivation)

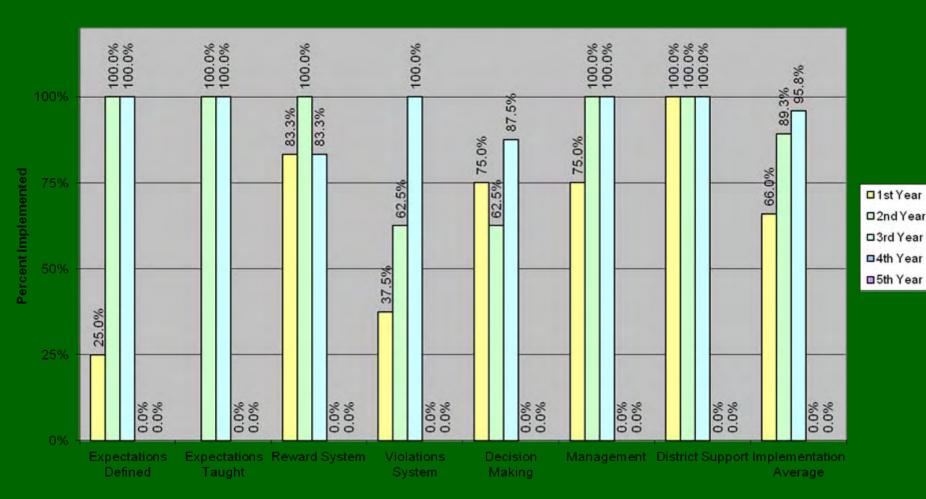
Number of referrals 2010-13



What – types of problem behaviours

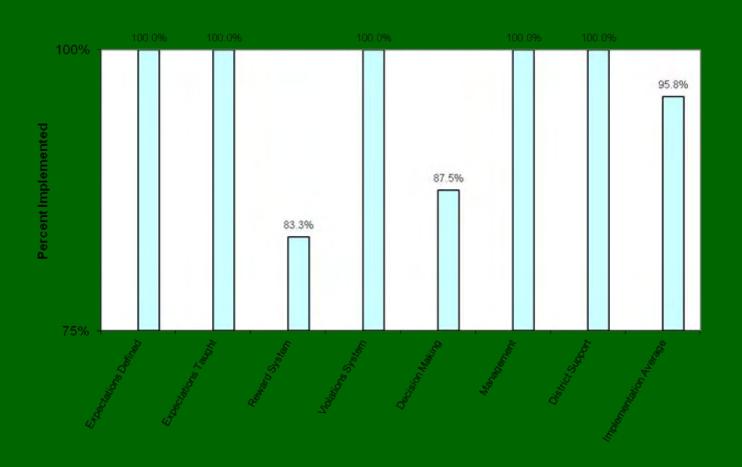


SET Data 2010-2013



□1st Year □2ndYear □3rd Year □4th Year

SET 6 Sept 2013



Summary of Narrative for SET

- Expand the reward system to Year 13 & suggestion of survey monkey for student involvement in rewards
- More visible posters in corridors / canteen & outside areas
- Develop time, location, motivation on discipline referral form
- Have lockdown procedure printed on walls not just electronically

Key EBS Results to act on

- Consequences for student problem behaviours are defined clearly
- 2. Distinction between Leadership managed vs classroom managed problem behaviours are clear
- 3. Patterns of problem behaviours are reported to teams & staff for active decision making on a regular basis

CURRENT STATUS					PRIORITY FOR IMPROVEMENT	
In place	Parti- ally	Not	FEATURE		Med	Low
24	39	16	Consequences for student behaviour problems are defined clearly	41	11	2
24	37	19	Distinction between Leadership managed vs classroom managed problem behaviours are clear	26	22	7
14	36	30	Patterns of problem behaviours are reported to teams & staff for active decision making on a regular basis	31	28	9

How did we act on the EBS results?

Teacher only day (August 2013)
Intro session and 1 of 5 periods on PB4L

Tasks

- 1.Identify majors & minors
- 2. Select any 2 behaviours & draw flow charts of the consequences
- 3. Discussion of potential improvements to system and processes taken to SMT/deans

Data Issues for WHS

- Time for a staff member on the PB4L team to gather this
- Using a framework more designed for SWIS than our system of kamar
- IT knowledge to pull the data from our system
- Discipline slips not matching the Big 5 changes needed
- Linking the data gathered on discipline for a specific focus on the behaviours identified as being the main concern
- Communicating with all staff the current data and acknowledging what is 'on top' for staff at present

Summary Implementing Tier 1 PB4L with Fidelity at WHS. Getting Tier 1 right before the move to Tier 2.

Fidelity - A reminder

'how faithfully the program was implemented based on its original design and the resources that were directed to it'

There are key differences between the USA & NZ, however, the most successful implementation of PB4L will remain faithful to the essential components that this presentation was structured around. The context and adaption for school type, decile, ethnicity, size and structure will vary, but within the set framework.

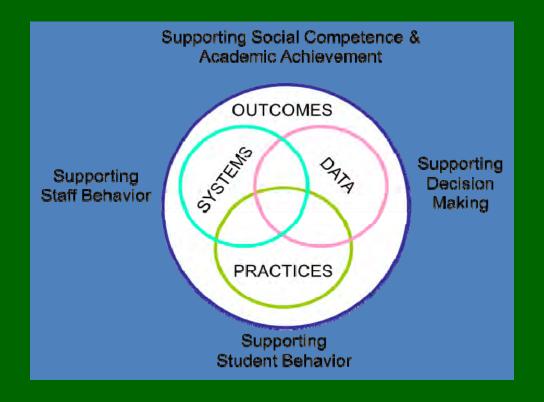
This is essential at tier 1 before the move to tier 2. Key question – will staff carry on the model without constant feedback and support, or is there a dependency on training? No more hours in the day, so stop what is not working in order to create room for the practices that are working.

Summary of USA v NZ Differences

- Different structure of administration for schools in the US (building setting, role of the 'superintendent', district and state level support for PBS) in comparison to the self-managing NZ schools, with MOE support for PB4L.
- Different role of coaches and teachers responsible for PBS at the school level. In the US this was often the role of the counsellor or school psychologist in the schools I visited, rather than administrators or staff with teaching responsibilities in NZ.
- Different structure and delivery of training for schools (see research question three).
- Different building structures which impact greatly on developing and monitoring positive expectations in non-classroom settings (mainly an indoor setting in the schools I visited in the US, linked to both climate and safety issues)
- Greater university level research and support in the US due to greater length of implementation in the US (and inception here)
- Greater website support and data assistance due to 'economies of scale' in the US.
- Different ethnic breakdowns. Consideration required for the cultural distinctiveness of Maori in the NZ setting.

Summary – Getting Tier 1 right at WHS

When schools use effective systems, data-based decision making, and practices consistently and with fidelity, desired outcomes are achievable across all three tiers. It is fundamental that we get tier 1 'right' before moving to implementation of tier 2.



BOQ completed Successfully 13/9/13 WHS will move to Tier 2 now

Ref: Sugai & Horner, 2006

Contacts & references

langrish.j@wanganuihigh.school.nz (my email) www.behaviordoctor.org (ideas for free rewards) vimeo.com/groups/pbisvideos (US video site)

WHS Videos on You Tube: www.youtube.com/watch?v=3i2S5MqbKcE (LOTR) www.youtube.com/watch?v=_xx6O2eq-mk (L for Learning) www.youtube.com/watch?v=rm0AtMjmMsQ (Bullying) www.youtube.com/watch?v=1BNJYQHWt7A (Bear G)